

The Bridge to Hope P.O. Box 700 Menomonie, WI 5475 I

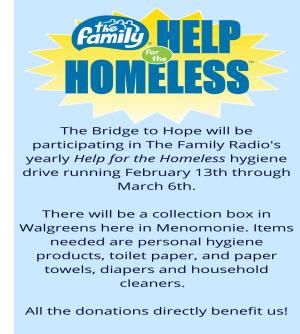


Advocacy services for victims and survivors of domestic and sexual abuse and human trafficking

Return Service Requested

Providing a bridge to hope that creates a safer, more just and compassionate society







Thank you to the Menomonie Lion's Club for their donation of food and kids toys for Christmas!



When will it end?

We continue to be stunned by news stories of yet another case of domestic violence. Many folks were riveted by the Gabby Petito search, (while similar cases of victims who were people of color received little media attention). The recent parade tragedy in Waukesha was preceded by a domestic assault the day before. The victim had been hit in the face, and her partner had tried to run her over with his vehicle. There is a strong correlation between those who commit acts of mass violence, and those who assault their partners. 60% of the mass shootings in the past six years were committed by men who had histories of domestic violence. This violence affects entire communities, and illustrates how domestic violence is not just a "private matter."

The recent Netflix series, "Maid," gives an amazingly realistic view of the barriers faced by a victim. When asked by a social worker if she's a victim of domestic abuse, the character looks surprised and offended and replies, "No, he's never hit me. I don't want to take a bed in a domestic abuse shelter from someone who really needs it." Like many folks, she had a limited understanding of what domestic abuse looks like. She thought that domestic abuse was just physical violence. It's much more complicated than that. It's the partner who doesn't care if your car won't run, who "forgets" to come home in time to watch the kids while you go to work, and who constantly undermines all your efforts to be anything other than who they've decided you are. The effects on the victim are cumulative, and they

eventually have such a low opinion of their own worth and value that they give up trying to be who they really are.

Domestic abuse won't end until we embrace the right of everyone to basic human rights. The United Nations, in 1948, issued a Universal Declaration of Human Rights that stated, "Recognition of the inherent dignity and the equal and inalienable rights of all members of the human family is the foundation of freedom, justice, and peace in the world. It is a basic human right to be free of tyranny in our own homes." As we gather with family and friends this holiday season, may we be willing to express our concern for those who live in fear and are being bullied. May we have the courage to speak up when we hear friends or family disparage other groups as being less than human, and may we strive to embrace all people as our sisters and brothers.

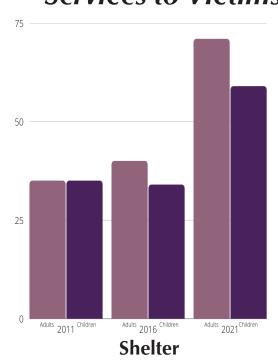
We can do this...together.

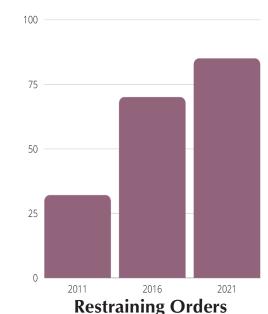
Naomi Cummings, Executive Director

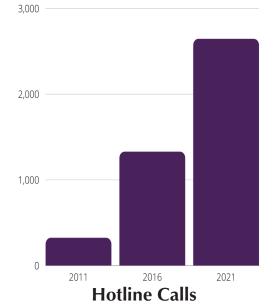


After almost 12 years as Executive Director of The Bridge to Hope, Naomi Cummings recently announced that she is planning to retire in May. "I would like to shift gears and slow down a bit, and pursue some of my other interests. It has been such an honor to be the director of this agency; I've been very grateful to have this opportunity. I'm very proud of our community, and how they have opened their hearts to meet the needs of victims and survivors. We have such an excellent staff and Board of Directors that I have no doubt that The Bridge to Hope will continue to fill a vital need in our community." Naomi said.

10 Years of Growing Services to Victims



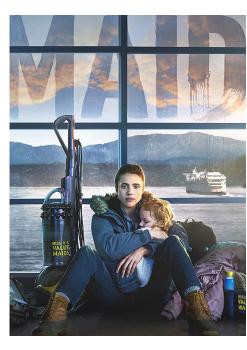




"Maid"

What would motivate a mother to take her three-year-old child in the middle of the night and leave their home with only the clothes on their backs and \$37.00 in cash? Does a mother normally do this not knowing where she will have a place to stay, or a place to find food, or a way to support herself and her child? What happens when she finds a job as a maid, but then loses her transportation and she can't get to work?

"Maid" is a mini-series on Netflix, based on a true story, that takes us into the life of a mother and her daughter who are going through the struggles that many women in our society face every day. "Maid" also helps us to understand what leads a mother to go back to the abuser because he says that he has changed, only to realize that it doesn't take long and she is in the same situation that she was in before.



Watching this mini-series helped me to be more thankful for The Bridge to Hope and the staff as they reach out to people at a very difficult time in their life. The goal of The Bridge to Hope is to bring the people to a place where they can begin to find hope again.

David Natzke, Board Member

Offering Diversity through Books

Here at the Bridge to Hope, all are welcome. We want to show this in the books we provide for families to read. Please check out our Amazon book list if you are interested in ordering a book to help show kids that they are unique and loved. You can have them shipped to us at PO Box 700 or drop them off here anytime. Thank you!

- Rainbow: The First Book of Pride
- It Feels Good to be Yourself
- C is for Consent
- A is for Activist
- The Proudest Blue
- Iron Widow
- Hair Love
- Brown Girl Dreaming
- Chlorine Sky
- The Colors of Us

Words from Our Board Chair

I am not much of a "writer" so I will just speak from the heart. As you may or may not know, Naomi will be retiring spring 2022. Naomi has been instrumental to the continued growth of our services offered and financial stability. I have been on the board for three years now and have learned so much from her and about her. There is so much she does for not only our clients but the staff as well. All without expecting any recognition. It's just who she is. I have been so impressed by her management style; I am almost speechless. Naomi ensures the staff not only serve our clients but that the staff maintain their mental health, work, and home-life balance.

Although we all know that no one is perfect, she comes pretty darn close. I know I can speak for the current and past board members when I say she has made an incredible impact. We will be forever grateful. We wish Naomi nothing but the very best on her next chapter in life.

I would also like to welcome our newest Board of Directors members – Marsha Harrison and Marni Waznik. Marsha has extensive experience in marketing and event planning, Marni has a



vast amount of HR experience as well as non-profits. Both have strong community ties and bring a wealth of knowledge. We are extremely fortunate to have them join the board. Welcome Marsha and Marni!

Please have a safe and enjoyable holiday season!

- Mary Osteraas, Board of Directors Chair

The Bridge to Hope Board of Directors

Mary Osteraas: **Chair**Janice Neitzel: **Vice Chair**Stacie Breitung: **Treasurer**

Mickey Boyle Corita Forster David Natzke Dr. Megan Bayrd Jennifer Knutson Marsha Harrison Marni Waznik Thank you to the wonderful community members that answered our request for blankets for our SANE bags. We received 75 blankets!

Thank you to Mary Marin for felting wool snowfolks for our shelter clients!



LOOKING TO DONATE?

WE ARE IN NEED OF THESE ITEMS:

•Culturally Specific Hair Products

- ·Bath Towels
- •Toilet Paper
- Paper Towels
- •Pillows
- Tampons
- •Razors
- Nail Clippers
- •Q-Tips
- Laundry Soap
- Dish Soap
- ·New Socks and Underwear
- ·L, XL, XXL Sweatpants, Sweatshirts, Pajamas
- •Full-Size Shampoo/Conditioner

Our heartfelt thanks to Mary Osteraas, who is completing her second year as Chair of our Board of Directors. We are so grateful for her leadership, good cheer, and willingness to go the extra mile on behalf of survivors. Her leadership in streamlining and updating our Employee Handbook was invaluable, and she always made our meetings fun. Fortunately, she will continue as a board member, sharing her wisdom and experience.

Thanks Mary!



Gifts Recieved Since Our Last Newsletter (as of December 9th)

in memory of Ruth Cook

Anonymous

in honor of Catlin Canon

Anonymous

Liddy & John Achter Ellen Adler

> in memory of Peter, Jim, Helen, Dorothy, and John

Barb Anderson

Jennifer Anderson Pat & Pete Avery Pam & Mike Baier

Bill & Mary Ann Bailey

Carol Bakke

K.A. Baumgardner in memory of my mother

Patricia Bilse

Richard L. Biondich Georgia Blanchard

in memory of Don Blanchard

Keena Bolton-Holz

Fred & Margaret Breisch

Stacie Breitung & Steve Bodart

Pat & Lisa Brogan William Burkett

> in memory of our sister in-law Kathy Stamper

Eldon & Joan Burstad

Dennis & Antoinette Ciesielski Dave Cook

in honor of Anne Frantz-Cook

Phil Diser

Leonard & Marian Ellison

LeeAnn Engfer

James & Janice Erdman

in memory of Mary Lund

Dawn Fetter Corita Forster

Chris & Erin Forster

Celene Frey & Roy Ostenso

Judy Gaier

Glenn & Janice Gehring

Luisa Gerasimo & Mike Helfman

Robert & Laura Giede

Cynthia Gilberts

Carlyle & Ruth Gilbertson Tracy Glenz

Robert or Karen Goers

Richard & Denise Goers

Barry or Emily Hinds

John & Martha Hove

Vada Husby

Brent and Sharon Husby

John & Judy Jax

Ron & Jan Jordan

Richard & Rita Juhl

in honor of Kat Brogan, our grand daughter

Neil & Marie Koch

Father Thomas Krieg

Carolyn Kuether & Tom Aarrestad Lanna & Larry Laird

Warren & Marion Lang Christian or Cheryl Larson

Pat LaVenture

in memory of Florence Barlow Lynn & Ed LaVenture

in memory of Tom Franklin

Howard & Charlotte Lee John and Linda Lenz

in honor of Patty Bosse's retirement

Sandra Lindow

David & Linda Lindquist

Roger and Mary Marin

You folks are awesome! I love the new program you started for students!

Peggy & Michael McAloon K. McCardle

in memory of Dan McCardle

Kelly & Laura McCullough Arthur & Sandra McNaughton

Jim & LaWanna McSweeney in memory of Eugene & Jean Nikolas

Diane Mercil

in memory of Jerry Fahey Jesse Merkel

Louise & Dave

Amy & Aaron Mittlestadt Susan Mommsen

in honor of Bonalyn & Dan and

Ruth Morey

Norman & Donna Mrdutt David and Nila Natzke Merlin & Patricia Nevala Ellen & Fred Ochs

Sharon & Marlin Oebser

Bill & Linda Olson

Resort Report Ann Pesek

in memory of George A. Pesek

Randy & Patricia Radle

Julee Reckin-Thierer & Michelle

Thierer

Donna Rineck

Mary Riordan

in memory of Dan Riordan

Michael & Dori Ritland

Elizabeth Robinson Edward or Susan Roethke

in memory of Leone Donley

Jo Ann Rucker

in honor of Cedar Falls Building Systems

Jeanette Scheuermann

Lois Schultz Paul & Lynn Schwartz

in honor of Tim Fitzgerald

Iill & Lee Schwebs

In memory of Nancy Schofield

Dunn Co. Master Gardeners Assoc. Jean Accola & Steven Yata Peinovich Kevin & Lauren Berg

Jean Biggs Rick & Mitzi Bolin

Naomi Cummings Wendy Dittmann

Leonard & Marian Ellison

Michael or Lynn Fekete Judy Ferguson

Katherine Flug

Susan Foxwell Ron & Jan Jordan

Sheron Nero & Heather Obenberger

Lee & Mary Jean Nichols Fred & Ellen Ochs

Joe Plouff & Lavonne Solem

Pat & Dave Reisinger Ken Schofield

David & Diane Schofield James Sperstad

Bill & Brenda Swannack Tracy & Mark Thomas

Judith Varty



Joe & Margaret Hagaman Annette & John Taylor

Patrick & Jane Culbert

In honor of Lynn LaVenture

Janet & Tom Modahl

Brian & Debra Shefchik

Bruce & Terry Siebold

Irene & Charles Smith

Doug or Chris Stratton

Randy & Kay Sommerfeld

James & Beverly Spagnoletti

Lorene Vedder & Mike Brandt

Kathryn Zimmerman & Steven Richter

in memory of Karen Zimmerman

Otto & Marilyn Waldbuesser

in memory of Jo & Ken Iverson

in memory of grandmothers

Larry & Joan Sinz

Kris & Bill Tice

Gail Tourville

Rita Ulesich

Gladys Waller

Dominique Vargas

Kathleen Remund & Diane Light Corrections from our last newsletter Andersen Foundation

In addition of "in honor of Mary Riordan" by Cindy and Lee Theorin, and other Friends of Mary.

William and Bonnie DeHoff *In honor of Mary Allison*

AFL-CIO DBA Greater West Central Area Labor ARC of Dunn County

for Thanksgiving meals

Cedar Corporation

First Congregational Church Hay River Lutheran Church Bible Study

Hoof & Paw Clinic

Jackie Hunt State Farm Insurance

Kadinger's Inc

Mary Nails

Menomonie Women's Group



Van Fundraiser Donors

Abby Terese Agnes Stipetich Andrew Leskinen Anne Juhl Legeros Barb Schmelzle Memorial Fund Becky Kneer Beth Preston **Brittany Dondlinger** Bryan Horwath Carl Vandermeulen Catherine Puisto Cindy Gould Marsh Colette LaBuda Colleen Garnevicus Corinna Korpela Debra Pollock **Denise Skinner** Donna Rineck Doug & Ann Larson Family Fund **Dustin Davey** Ed Wiley Ellen Shafonda Liberto Frank Garnevicus Gottieb Harvatine Heidi Entorf Holly Barrett Jane Hulett Jane Redig Jennifer Luciani Jill ZumBrunnen Schwebs loe & Deb Feeney Jose Miguel Schumacher Julie Bendel

Karen A Miller

Kathy Barrett

Kris Korpela

New Life Lutheran Church

in memory of our parents

UW Stout University Housing

Waznik Moseler Group, LLC

in honor of Play it Forward.

Hunting Widow Wine Walk

Rock Elm United Methodist Women

fundraiser from Student Leadership Assistants

from Women's Golf Outing

Resort Report

Tice Appraisals

Woodwind Park

Xcel Energy

Kurt D. Larson

Kimberly Sullivan

Kim & Gerald Porter

Kristen Hoag Billingsley

Kyle Vandenberg Brush

LeAnne Sass Talberg

Karen Myers Bonander

Luisa Gerasimo Mari Jamieson Marion Lang Mary Burkett Matthew John Meg Cyr Mangin Megan Bavrd Meghan Price Micah Colvin Michael Witter Naomi Cummings Neil Brown Niki Rau Yarrington Nita Fitzgerald Pat Brunner Rosenberg **Peggy Cramer Qually** Peter Juhl Philip Diser Randy Branan Rebecca Behrens Rich Homa Ron Welsch Ryan Leckel Sarah O'Grady Sarah Petralia Harning Shanon Lehrke Sharon Lewandowski Shawna Clough Shelby Lawrence Hinshon Stef Jax Susie 'Watkins' Giertz Tara Bergeson The Micah Fund Toby & Marian Ellison Vicki Price Wendy Dittmann



Cedarbrook Church Eau Galle Cheese Factory Inc

Hearst Marketing Resources- Jack Hearst

lames Krave, Attornev

Little Elk Creek Lutheran ChurchWomen

Loren LaPointe Drywall

Menomonie Lion's Club



Connections at The ARC of Dunn County



The ARC of Dunn County, Inc. is dedicated to providing quality services that enable people with intellectual and developmental disabilities to achieve their full potential, enhance their quality of life, promote independence and be active participants in their community. The ARC of Dunn County offers several programs that strive to provide social and learning opportunities for individuals with disabilities and their families. One of these programs is the Connections program.

Connections is a great way to connect with others, connect with our community and learn life skills. Connections meets Monday-Thursday from 10:00 a.m.-4:00 p.m. and provides many opportunities to take part in activities such as: life skills lessons, arts/music, volunteering, cooking, building and strengthening friendships and health and fitness classes. One of the ways in which The Bridge to Hope participates in the Connections program is by Angie, the Director of Sexual Assault Victim Services, doing a twice a month group with clients. They focus on healthy relationships, peer pressure, self-advocacy, boundaries, consent, and other empowering topics. This group allows for participants practice their skills and to feel empowered to make difficult choices.

If you would like more information about the Connections program or the ARC of Dunn County, you can contact Tawanda by emailing - tawanda@arcofdunncounty.org or calling the ARC office at 715-235-7373.

We are greatful to Elizabeth Eiseth for her generous bequeath to us. We were pleasently surprised by the donation that we received it in the

mail. Her generosity will be greatly remembered through the

years.

Thank you Bryan LaVoy and Waznik

Moseler group for their donation

from their Women's Golf Outing!

Thank you IMT Insurance and Anshus lewelers for sponsoring two trees for us to decorate at Wakanda Wonderland!



Andersen Foundation has granted us \$3,500 to help stock our pantry with common pantry staples, fresh produce, and additional meat options. We receive most of our pantry items from Feed My People but we wanted to provide a larger variety than what they offered. Thank you Andersen Foundation for making this option possible!



Mary Nails has been a great supporter of ours. Mary is always willing to help out at her Nail Salon. Recently she donated all the tips from purple nail sets for the month of October; she also matched that donation!

Thank you Mary Nails for your support and generosity!!





The Bridge to Hope was recently the recipient of a grant that enabled ten different sexual assault service providers in Wisconsin to become certified as SAFE bar trainers. Coltra, our Legal Advocate, shared, "This grant caught my eye right away as a bartender/server who has worked in Menomonie bars and knows all too well that challenging situations can arise."

Coltra and Kat, our Sexual Assault Victim Services Advocate on the UW-Stout Campus, both received training and can now share that training with staff at local bars. "The training focuses on noticing concerning behavior, interrupting it effectively, and creating a workplace culture focused on taking action to increase safety and give everyone a safe night out. As a bar staff person, I know from experience that it is often hard to know when it's my place to step in or speak up, especially when the behavior could be directed at me, or threaten my job. This training helps to negate those fears by making it a team approach as a staff to identify issues and back each other up when addressing them. Beyond interrupting the behavior, the training also teaches how to provide support in a way that is safe for all. Once a bar is trained, they get window decals to display in the bar to boast that they are committed to make their bar safer," Coltra says.

Kat and Coltra are excited to train local bar staff. Keep your eyes open for the SAFE Bar decals! If you are interested in having your bar trained with this program, reach out to us.

Knapp Elementary Student Council decorated some beautiful stockings for our shelter residents. Thanks kids!



Thrivent Choice Dollars

Thrivent clients with membership can recommend where Thrivent distributes some of its charitable grant funds. These recommendations are shared by directing Choice Dollars to enrolled nonprofit organizations, such as The Bridge to Hope. One community member directed \$250 to The Bridge which enabled us to purchase books for clients. Choice Dollars designated during the calendar year can be directed until March 31st of the following year. If you are interested, please contact your

financial advisor at Thrivent.



Governor Evers signs Sexual Assault Bills

On December 6th, Governor Evers signed two bills that advocates in Wisconsin have been urging Wisconsin Legislators to pass for several years. Senate Bill 71 creates clear time frames for law enforcement to submit a Sexual Assault Kit, (evidence that is obtained from the victim after a sexual assault) to the State Crime Lab for testing. Senate Bill 94 creates a tracking system for those kits, so that survivors have the ability to obtain information about their location and status. These bills are a critical part of a trauma-informed response to sexual assault, as they restore power to survivors, offering them the ability to anonymously obtain information about the status of their sexual assault kits. Behind every sexual assault kit is a person, and by requiring prompt submission of their evidence kits for testing, it reassures them that the evidence collected from their bodies will not languish on a shelf in an evidence storage room for years. We applaud all those who worked on behalf of the passage of these much-needed bills!

Do you have a vehicle you could donate?

We have had several community members donate well-running vehicles to our shelter clients. Our advocates help facilitate the direct transfer to the new owner, while ensuring the confidentiality of all parties. One mother, who was the lucky recipient of a van wrote:

"This is an appreciation letter to tell you how grateful and happy I am for the vehicle you donated. You have no idea how helpful it has been for me and my children. We came out of a bad situation and are trying to change our lives for the better. We were taking the bus, and it got costly and was hard on us.



Now that the weather is getting worse, this van a true blessing to us. Thank you so much; you didn't have to do it, but vou did. Thank vou."